

Life Style

For senior residents at Windsor Gardens, the idea that life can get better as they get older is much more than just a welcome thought it's a distinct possibility. Windsor Gardens is a choice they make because they want to get the most from their retirement years while maintaining their independence.

There's something special about the residents at Windsor Gardens as they love getting together for lunch, dinner, tv, games. You'll hear a lot of laughter, conversation and the sound of good friends enjoying each other. To do so Windsor Gardens has three categories of Care independent living, Assisted living and memory care.



Suite Features

Most rooms are single rooms with private en-suite. There are also deluxe suites available which include a lounge, an en-suite and a bedroom. The elegantly furnished serene bedrooms, with large windows dressed with curtains, reflect a comfortable sanctuary with a modern flair

- * Furniture is provided but we encourage residents to bring in personal items and make their space their own.
- * Roomy closets
- * Attached fully equipped bathrooms including grab bars and hot water
- * 24 hour communication system
- * Neutral decor
- * Tiled bathrooms
- * Air conditioning if required



Services and Amenities

- * Individualized aged care and therapy plans
- * Three gourmet meals by our on-site cooks provide fresh meals daily.
- * Housekeeping and personal laundry
- * 24 hour assistance
- * Transportation and assistance to attend to personal matters
- * Library
- * Television room
- * Hair dressing
- * Lounge
- * Normal / physiotherapy exercises
- * Religious activities
- * Arts & Crafts Workshops
- * Music concerts
- * Video conferencing facilities



Assistance with additional care

- Dressing and personal appearance
- Bathing
- Mealtime
- Incontinence care
- Reminders of medication
- Doctor channeling and transportation
- Physiotherapy exercises



Connecting through food

We understand that the food experience needs to be nourishing for our residents bodies and souls!

Meal time should be something that delights you, a special experience that's a feast for all the senses. Which is why our kitchen team designs our seasonal menus in collaboration with our residents and good old fashioned Lankan, Eastern, Western home-style gourmet cooking.

All preferences and tastes are catered to including vegetarian, gluten free, soft and vitamins diets.

Meal time connections

Meal time is also a chance to connect with your friends and family. Loved ones are always welcome to join our residents for meals. However due to the current pandemic situation in the country we are only organizing tea parties in the garden for visitors maintains social distancing.

Fresh ingredients

We use fresh ingredients and our menu is reviewed by professionals to ensure they are nutritional and balanced.

Visiting Hours

Visitors are welcome from early morning to late at night. Due to the current pandemic situation when visitors arrive they are given a PPE kit to wear before meeting their loved ones.

Compare the Advantages

	WindsorGardens	Without
Social interaction	Daily activities to encourage social interaction with people who share similar experiences	May feel isolated by living alone or with busy family members
Transportation	Provide transportation and assistance for social activities errands, doctors appointments visit family and friends	May rely on family members as their on,y source of transportation with assistance
Nutrition	Culinary skilled staff are employed to ensure delicious restaurant style meals with a variety of options	Really on easily prepared meals rather than healthy alternatives
Housekeeping	Housekeeping staff , linen and laundry services	Burden of maintaining home and garden
Emergency assistance	Staff provide a 24 hour assistance and an emergency call system is located in each room	Immediate assistance is often unavailable for for seniors who live alone
Medication	Assistance with medications. Remind residents to take their prescribed medication	Without assistance Seniors may miss very important medication
Maintaining independence	Offer assistance as needed and encourage residents to remain as independent as possible	May become dependent on their family and staff

Bespoke Care

Life's journey is not the same for everyone, a loved one can decline, and they can improve. They can have a health crisis and recover. Care needs change as your loved one's health and mobility changes. In choosing WindsorGardens our bespoke services can change along with the residents needs.

Independent Living

WindsorGardens Independent Living combine the peace of mind of on-call assistance with a chore-free, service-rich environment. With a range of lifestyle choices and personalized services, residents can continue to enjoy their privacy and freedom without the hassle and responsibility of owning and maintaining their home.

Assisted Living

Assisted Living at WindsorGardens allows residents to remain independent in a professionally managed and carefully designed community setting. Enjoy vibrant social activities, personalized elderly care and with a personal care worker who would give 24-hour support and assistance.

Memory Care

WindsorGardens memory care services are focused firmly on the individual. Dementia slowly interferes with one's mental ability to manage everyday life. Our memory care services create a safe and stimulating environment for those with dementia--including its most common form, Alzheimer's.

Reassuring staff

It is not just the environment that sets Windsor Gardens apart; it is also the dedication and compassion of the team and the superior quality of the care that they deliver. We are proud of our commitment to support our staff in delivering the best possible care, respect and dignity to our residents.

Windsor Gardens has for over 12 years been in the forefront of premium quality residential age care in SriLanka. With an overall feel similar to that of a boutique hotel.

Quality care, luxurious furnishing, stylish atmosphere, comfortable and safe surroundings are areas we concentrate on to provide for our residents.

It is not just the environment that sets Windsor Gardens apart. it is also the remarkable culture that one can feel when you walk through the doors. It's a heartily mixture of enjoyment and warmth cultivated by our residents and staff along with dedication, experience and compassion of the team and the superior quality of the care that they deliver.

We are proud of our commitment to support our staff in delivering the best possible care, respect and dignity to our senior residents.

Location, location, location
When it comes to choosing a place to call home, location is at the top of everyone's list. Windsor Gardens located at Havelock Gardens, Colombo 6 is Colombo's best located retirement residency. Everything colombo has to offer is on our doorstep. Supermarkets , shops ,Restaurants , cafes , hospitals and other medical centers are within close proximity. If you love living in Colombo, Windsor Gardens is the perfectly positioned place to retire.

